



<https://onthegomap.com/s/tgaudm8q>

Run description:

We start from the Suburban Park bike path and get onto the Rocky Top Ln. gravel path going along the corn field. Go straight for 1/3 mile and turn right on Air Quality Ln. Go through the Air Quality Pavilion down the grassy path through the bush to the Toftrees trail.

Turn right on Toftrees path and go all the way to the head of the trail. At yellow posts turn right into the grass field and climb all the way up back to the cornfield. This part may be overgrown, so watch your steps and be patient. On the top, keep left. Take the gravel road (Elyse Ln.) to run straight back to Rocky Top Ln. This is a complete loop.

At this junction, you can (i) turn left to finish the run or (ii) turn right to do the second loop.

Single loop run is 2.5 miles; double loop run is 4.1 miles.

The loop will be marked with flags for easier navigation. It includes a variety of surfaces and terrains for perfect cross country training. Brace yourself for a nice challenge.

Rocky Top Loop

Suburban Park, 101 Suburban Ave, State College, PA 16803

Course	Double loop on Arboretum Field
Terrain	Gently rolling with one challenging climb
Surface	gravel / trail / grass
Total distance	Single loop = 2.5 mi ; Double loop = 4.1 mi
Total time	<40 min
Difficulty	