

## Summer 2017 Road Races

Here is some information on the summer running events in State College. Those do not directly relate to track, but I know many of our athletes (especially on the distance / cross country side of spectrum) are into road races and may enjoy these opportunities:

6/24/2017 (this Saturday) 8 am - [Crack O'Dawn 5k](#) in Boalsburg. This early morning race takes you through the quiet Boalsburg neighborhoods. They have nice shirts, a lot of door prizes (sometimes more than they have people:) and free pancake breakfast for all participants in the end. There is discounted registration for runners 14 and younger. Good race - good workout for distance runners too!

7/4/2017, 9 am - [Firecracker 4k and 4 Mile](#) races on the 4th of July. This is a big race, everyone in town runs it, lots of kids too - fun and fast course (mostly flat), and they also have good prizes for youth categories (starting 10 and younger, I believe). Every year, many of our club runners do this race for competition or for fun.

7/8/2017, 9 am - [Fibonacci](#) 4k, 2 x 2k relay and 1k fun run for 8 and under (cross country style) - at Boalsburg Military Museum. This is a new event this year organized to support STEM education activities for youth. The event organizer - Liz Kisenwether - is very familiar to us as one of the directors of the youth cross country series run at Oak Hall park. So this event should also be fun for the youth runners. Make sure to check it out.

7/16/2017, 8:15 am - [Arts Festival races](#): 5k, 10k, 10 Mile, kids races at Spikes baseball stadium (great and fun for younger kids - 8 and under). Our club usually sponsors the largest water stop during the Art Fest races, and that is a superfun activity for our athletes, when they have a chance to work on the course and help make it great experience for runners.

*The following two races in Tudek park may be good tune-up for cross country season:*

7/29/ 2017, 8:30 am - [Flutopia 5km](#) at Tudek Park. This is another successful community 5k, where they have musicians standing around the course playing instruments as you run. Band plays in the pavilion for post-race hangout. The race benefits CVIM.

8/19/ 2017, 8:00 am - [Pixie Dust Wishes Race to Neverland](#) 5k and 1 Mile run/walk, at Tudek Park. This is a new event supporting children and individuals with special needs.

I will probably see many of you at some of those races. Although I did not do much training this summer, but I really enjoy our running community.

Happy running!

-Mark