

SCHEDULE OF EVENTS

Day 1 - Thursday July 7

Heptathlon - 15-16 Girls & 17-18 Girls

First Call 8:45am; Event Start 9:30am

100M Hurdles, High Jump, Shot Put, 200M Dash

Pentathlon 13-14 Girls & Boys

First Call 9:00am; Event Start 9:45am

100M Hurdles; Shot Put; High Jump; Long Jump;
800M(g); 1500M(b)

Pentathlon 11-12 Girls & Boys

First Call 10:15am with events beginning at 11:00am

80M Hurdles, Shot Put, High Jump; Long Jump;
800M(g); 1500M(b)

Decathlon -15-16 Boys & 17-18 Boys

First Call 10:45am; Event Start 11:30am

100M Dash; Long Jump, Shot Put,
High Jump; 400M Dash

Day 2 - Friday July 8

Decathlon -15-16 Boys & 17-18 Boys

First call at 8:15am with events beginning 9:00am

110 M Hurdles, Discus, Pole Vault, Javelin and 1500M

Heptathlon - 15-16 Girls & 17-18 Girls

First call at 9:00am with events beginning 9:45am

Long Jump, Javelin and 800M Run

Triathlon 9-10

Girls: First Call 8:15am with events beginning 9:00am

Boys: First Call 9:15 with events beginning at 10:00am

Shot Put; High Jump; 200M(g); 400M(b)

First Call for Track 2:15pm, events begin 3pm

2000M Steeplechase Final - 15-16G; 17-18G; 15-16B; 17-18B

3000M Race Walk Final - 13-14G/B; 15-16G/B; 17-18G/B

1500M Race Walk Final - 9-10G/B; 11-12G/B

Field Events:

Long Jump - First Call 7:15am, events begin 8:00am -

8U-G/B; 11-12G/B; 9-10G/B; 15-16 G/B

First Call Field events 8:15am, events begin 9am

Javelin - 15-16B; 17-18B; 15-16G; 17-18G

Hammer (after completion of Javelin)

15-16B; 17-18B; 15-16G; 17-18G

SCHEDULE OF EVENTS

Day 3 - Saturday July 9

First Call Track & Field 8:15am, events begin at 9am

Track events will run Girls followed by Boys unless otherwise noted

3000M Run Final - 11-12G/B; 13-14G/B; 15-16G/B; 17-18G/B

400M Hurdles Semi - 15-16B; 17-18B; 15-16G; 17-18G

200M Hurdles Semi - 13-14G/B

200M Dash Semi - All Divisions

4x100M Relay Final - All Divisions

4x800M Relay Final - 11-12-G/B; 13-14-G/B; 15-16-G/B; 17-18G/B

110M Hurdles Semi - 15-16B; 17-18B

100M Hurdles Semi - 13-14G/B; 15-16G; 17-18G

80 M Hurdles Semi - 11-12G/B

100M Dash Semi - All Divisions

400M Dash Semi - All Divisions

Field Events First Call 7:15AM, 8:00AM Start

Long Jump - 17-18 G/B; 13-14 G/B

Triple Jump 15-16G/B (after completion of LJ)

Discus - 13-14G/B; 15-16G/B; 17-18G/B

High Jump 11-12G/B; 17-18G/B; 13-14G/B

Field Events First Call 8:15AM, 9:00AM Start

Shot Put - 9:00am - 8UG/B; 9-10G/B; 11-12G/B

Pole Vault - 9:00am: 13-14G; 15-16G; 17-18G

Field Events First Call 9:15AM; 10:00AM Start

Mini Javelin - 11-12G/B; 8UG/B; 9-10G/B

Field Events First Call 11:45am; 12:30pm Start

Pole Vault 13-14B; 15-16B; 17-18B

Day 4 - Sunday July 10

Track Events - First Call 8:15AM, 9:00AM Start

1500M Run Final - All Divisions

400M Hurdles Final - 15-16B; 17-18B; 15-16G; 17-18G

200M Hurdles Final - 13-14G; 13-14B

400M Dash Final - All Divisions

110M Hurdles Final - 15-16B; 17-18B

100M Hurdles Final - 13-14G; 13-14B; 15-16G; 17-18G

80M Hurdles Final - 11-12G; 11-12B

100M Dash Final - All Divisions

800M Dash Final - All Divisions

200M Dash Final - All Divisions

4x400M Relay Final - All Divisions

Field Events - First Call 8:15am, 9:00AM Start

Triple Jump - 13-14G/B; 17-18G/B

High Jump - 9-10G/B; 15-16G/B

Shot Put - 15-16G; 17-18G; 15-16B; 17-18B; 13-14G; 13-14B

Discus - 11-12G/B

Field Events (after completion of Discus)

Javelin -13-14 G/B

USATF Region 2 Junior Olympic



Mid Atlantic
Niagara

New Jersey
Three Rivers

July 7 thru 10
Widener University
Chester, PA

Meet Director

Nelson Berrios

Youth@midatlantic.usatf.org

Meet Coordinator
Shanette Handy-Hall
Shall36@verizon.net

Online Registration Coordinator

Cindy Long - region2@regionrep.usatf.org

Officials Coordinator

Annette B. White

Nette902@aol.com

Volunteer Coordinator

Sophia Downey

Tuc46587@gmail.com

Event Website

www.mausatf.com

ENTRY INFORMATION

The TOP 6 athletes in each event/age group at their Association Championship qualify to advance to the Region 2 Championship. **Advancement Registration for the Region 2 Meet will be done ONLINE thru Athletic.net.**

Entry Deadlines:

Entry Deadline: June 30, 11:59pm

No entries will be accepted after the close deadline.

Entry Fees June 18 thru June 30, 11:59pm	
\$7.00/individual Event	
\$20.00 Heptathlon/Decathlon	
\$15.00 Triathlon/Pentathlon	
\$28.00 Relay	

ADMISSION

\$5.00/day or \$8.00/weekend pass

Athletes with competitor number & children under 5 free.

No charge for coaches with a valid 2016 USATF Membership and on USATF approved youth coach list.

PACKET PICK-UP

Day/Time	Track	Best Western
July 6 Wednesday		7:00pm-9:00pm
July 7 Thursday		7:00pm-9:00pm
July 8 Friday	7:00am-4:00pm	
July 9 Saturday	7:00am-3:00pm	
July 10 Sunday	8:00am-3:00pm	

COACHES MEETING

Friday July 8 @ 6:00pm Best Western

ATHLETE BIB NUMBERS

Athlete bib numbers must be worn on front unless otherwise instructed. The same number will be used for ALL days of the meet.

Replacement numbers - \$5.00

IMPLEMENTS

Meet Management will provide implements. Personal implements may be used but must be weighed prior to competition each day.

Time TBA; located underneath the stadium by the blue doors.

The "loss of identity rule" shall apply to all implements except the javelin. All competitors must use blocks and batons provided by meet management.

TRAINERS

Trainers are stationed at locations in the competition area.

PROTESTS

Protests must be filed within 30 minutes of posting of final results.

There will be a \$50.00 cash fee required to file a protest. Protest must be in writing with specific rule in question stated. The fee will be refunded if protest is upheld.

AWARDS

Junior Olympic Medals for 1st thru 5th places.

EVENT CHECK-IN

Check-in will be 45 minutes prior to the event. All athletes must listen for the announcements. Calls will be as follows: 1st Call, 2nd Call, Final Call.

The event will be officially closed by the clerk of course no sooner than 5 minutes after the final call. If an athlete has not reported by this time he/she will be scratched.

No parents or coaches will be allowed in the clerking area. Upon closing of a preliminary round track event by the clerk of course, those preliminaries having eight (8) or fewer contestants will be passed on to finals. In such cases only athletes properly checked into the event by the clerk of course prior to closing the semi will be allowed to compete in the final. **In this instance, the final will be conducted at the scheduled time for the preliminary round.**

RELAYS

A minimum of 4 and a maximum of 6 athletes may be entered for the cost of the relay.

Relay teams must wear identical uniforms, top/bottom.

STARTING HEIGHTS - High Jump & Pole Vault

Age Div	HJ Girls	HJ Boys	PV Girls	PV Boys
9-10	0.90	0.85		
11-12	1.10	1.10		
13-14	1.20	1.35	1.60	2.05
15-16	1.30	1.50	1.85	2.95
17-18	1.35	1.60	2.35	3.50

ADVANCEMENT

Individual Advancement - Top 5 individuals in each event/division

Relay Teams - Top 5 teams in each division advance.

Combined Events - Top 2 advance on place;

3rd place must meet qualifying standard to advance

8 and Under must be 7 years old in 2016 to advance to the national meet. All advancement will be done online thru Athletic.net.

NATIONAL ENTRY FEES

\$8.00 Individual Event \$32.00 Relay

\$24.00 Heptathlon/Decathlon

\$20.00 Triathlon/Decathlon

FACILITY INFORMATION

Track: 8 lanes surface Mondo Super X720

Field: Concrete Discus, Shot and Hammer circles

• Long Jump, Triple Jump, Pole Vault, High Jump: Surface are Mondo Super X720

• Javelin: Surface is a Mondo Sper X720; Grass Landing

• Spikes: 1/4" pyramid only

• Stadium Capacity: 3,500

• Timing: John Amery Ultimate Sports

• **NO TENTS in front of the press box area**

• No alcohol permitted in the stadium

• The stadium complex is a "SMOKE FREE ZONE"

• Coolers are permitted

• Please remove all garbage from your area before you leave.

• Trash bags available at the registration table.

• Concessions available on site.

Parking: Officials and Handicapped park at the lower lot Upper Lots are for athletes, coaches, and spectators.

DIRECTIONS

FROM PHILADELPHIA

Take I-95 South to I-476 North and MacDade Boulevard. Turn west onto MacDade Boulevard and follow the Widener University sign. After three traffic lights, MacDade Boulevard becomes East 22nd Street. At the fourth traffic light, turn left onto Providence Avenue, Route 320 South, and follow the Widener University sign. Turn left onto East 14th Street into the main entrance of the University.

FROM WESTERN AND NORTHERN PENNSYLVANIA

Follow the Pennsylvania Turnpike to Exit 331A, I-476. Take I-476 South toward Chester to Exit 1 (MacDade Boulevard). Turn west onto MacDade Boulevard and follow the Widener University sign. After three traffic lights, MacDade Boulevard becomes East 22nd Street. At the fourth traffic light, turn left onto Providence Avenue, Route 320 South, and follow the Widener University sign. Turn left onto East 14th Street into the main entrance of the University.

FROM DELAWARE, MARYLAND AND WASHINGTON, DC

Take I-95 North to Exit 6 (Routes 320 and 352). At the first traffic light, turn left over the bridge. Bear right at the fork on the other side of the bridge. Go to the first traffic light and turn right onto East 14th Street into the main entrance of the University. **FROM HARRISBURG**

Follow I-76 East (exiting the Pennsylvania Turnpike at Valley Forge) to Exit 331A (I-476 South). Follow I-476 South to Exit 1 (MacDade Boulevard). Go right off the exit onto MacDade Boulevard West and follow the signs for Widener University. After three traffic lights, MacDade Boulevard becomes East 22nd Street. At the fourth traffic light, turn left onto Providence Road, Route 320 South, and follow the Widener University sign. Go to the first traffic light and turn right onto East 14th Street into the main entrance of the University.

FROM NEW YORK, NORTHERN NEW JERSEY AND NEW ENGLAND

Take the New Jersey Turnpike South to Exit 2. Proceed on Route 322 West across the Commodore Barry Bridge. Coming off the bridge, follow signs for I-95 North and Philadelphia. Take I-95 North to Exit 6 (Routes 320 and 352). At first traffic light, turn left over the bridge. Bear right at the fork on other side of bridge. Go to first traffic light and turn right onto East 14th Street into the main entrance of the University.

FROM SOUTHERN NEW JERSEY

Take the Atlantic City Expressway to the Commodore Barry Bridge. Follow signs for I-95 North and Philadelphia. Take I-95 North to Exit 6 (Routes 320 and 352). At the first traffic light, turn left over bridge. Bear right at the fork on other side of bridge. Go to first traffic light and turn right onto East 14th Street into the main entrance of the University. **To the Leslie C. Quick Jr. Stadium**

HOUSING INFORMATION

HOST HOTEL: Best Western

1450 Providence Ave.

Chester, PA 19013

610-872-8100

0.4 miles from stadium

Website: book.bestwestern.com

Sheraton Suites Philadelphia Airport

4101 B Island Ave.

Philadelphia, Pa. 19153

215-365-6600

8 miles from Stadium

Website: sheratonphiladelphiaairport.com

Fairfield Inn Philadelphia Airport

8800 Bartram Ave.

Philadelphia, Pa. 19153

215-365-2254

7.1 miles from Stadium

Website: marriott.com

Holiday Inn Philadelphia Airport

101 Taylor Ave.

Tinicum Township, Pa. 19029

610-521-1200

4.3 miles from stadium