

Nittany Track and Field Important Information for Summer 2021 Season

Welcome to the Club!! Listed below is important information for the Summer 2021 track and field season. More details and updates will be communicated via the email or through the NTF website: www.ntfxc.com

Season dates: May 1st – July 15, 2021

Practice Times:

Monday-Thursday 6:30-7:45 pm

Sub-Bantam Group (born 2013-2014) - Tuesday & Thursday only

Attendance of every practice is not mandatory – athlete can come on any days that fit their schedule.

Location: State College Area High School Track, 653 Westerly Parkway

Main contact: Mark Fedkin ntfxc.club@gmail.com / 814-876-0461

Remind System: Sign up by texting @ntfsum to this number: 81010

Practice & Competition Groups

USATF Age Groups 2020	Years of birth	Main Coaches
Sub-bantam	2013 and younger	Mark Fedkin Mary Morningstar
Bantam	2011-2012	Andrew Maguire Elizabeth Pringle
Midget	2009-2010	Matt Lindenberg Marisa Deichert
Youth	2007-2008	Jayson Jackson Stuart Selber
Intermediate	2005-2006	
Young M/W	2003-2004	

Registration: online via [Sports Connect](#)

- \$90 per athlete per season
- \$50 sub-bantam
- \$50 sibling (second, third, etc. child in the same family)

Additionally USATF Membership (\$20 per year) is required for all participating athletes.

Please register by May 10th to guarantee a T-shirt!

Registration help: email to ntfxc.secretary@gmail.com

Events: Sprints, Hurdles, Distance, Throwing (discus, shot, javelin), and Jumps

Track Meets

Table below lists several track meets over this summer season. This information may be updated. Participation in meets is encouraged, but not mandatory. Club covers all the meet registration fees for NTF athletes. Parents are responsible for transportation. More information and meet entry requests will be send out during the season.

Meet schedule for Summer 2020

(Note: more events will be added as info becomes available):

Date	Meet	Location
June 6	CRPR-NTF All-Comers Youth Track Meet #1	State College, PA
June 12	Mountain Top Invitational	Cresson, PA
June 12-13	USATF Mid-Atlantic Association Championship*	Chester, PA
June 20	CRPR-NTF All-Comers Youth Track Meet #2	State College, PA
June 26	Central PA Youth Track Invitational	State College, PA
July 5-11	USATF Region 2 Championship*	TBD
July 26-Aug 1	USATF National Junior Olympics*	Jacksonville, FL
July 30	Keystone Games T&F Championship	Hazleton, PA

* USATF age verification required for these meets. Top 6 in Mid-Atlantic advance to Region 2. Top 5 in Region 2 advance to Nationals.

Practice checklist:

- Register through [Sports Connect](#) site (even if you are trying out)
- Water bottle
- Face mask
- Running shoes (best source: Rapid Transit Sports, 115 S. Allen St.)
- Weather appropriate clothes (come ready to run)
- Personal care items (e.g. inhaler, allergy medicine if you take any)

Covid-19 Safety Information

The safety measures to mitigate the potential risks associated with covid-19 pandemic are outline in our [Safety Plan](#). All participating athletes and parents are asked to adhere to these measures for safety of others. Please read this document before attending!

Every athlete needs to be checked in online by filling out the [symptom checking form](#) before every practice. Thank you for your cooperation on this matter!

Team apparel information

There are a few opportunities for athletes to obtain NTF clothing:

1. **Free t-shirt:** Each athlete who is fully registered (paid club fee and obtained USATF membership by May 10) will receive an NTF performance t-shirt, in the size indicated on his/her registration form. Please note that these shirts do tend to run large, and many athletes like to size down. T-shirts should arrive sometime in the first few weeks of practice.
2. **Racing Uniforms:** All athletes that plan on participating in any meets are encouraged to purchase a team uniform. Information and a uniform order form will be available during the first week of practice.

Contact Katie Petersen (ntfxc.uniforms@gmail.com) if you have any questions about NTF apparel.

For more information about the NTF team, please visit our website: www.ntfxc.com or email to ntfxc.club@gmail.com

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