



Nittany Track and Field Youth Club Important Information for Summer 2025 Season

Welcome to the Club!! Listed below is important information for the Summer 2025 track and field season. More details and updates will be communicated via the email or through the NTF website: www.ntfxc.com

Season starts: May 5th, 2025

Practice Sessions:

Primary Group (8 and under, born 2017-2018)
Tuesday & Thursday 6:30 – 7:45 pm at the SCASD Track
From May 6th to July 3rd,
Registration: \$70 per athlete per season
Lead Coach: Mark Fedkin

Bantam Group (9-10, born 2015-2016)
Monday through Thursday 6:30 – 7:45 pm at the SCASD Track
From May 5th to July 17th
Registration: \$100 per athlete per season
Lead Coach: Andrew Maguire

Junior High Group (11-12, 13-14, 15+, born 2014 and older)
Monday-Thursday 6:30-7:45 pm
From May 5th to July 17th
Registration: \$100 per athlete per season
Lead Coaches: Jayson Jackson and Matt Lindenberg

Attendance of every practice is not mandatory – athletes can come on any days that fit their schedule.

Practice location: State College Area High School Track, 653 Westerly Parkway

Schedule: Check our team [CALENDAR](#) for specific practice and meet dates.

Main contact: Mark Fedkin ntfxc.club@gmail.com / 814-876-0461

Remind System: We will be using text messaging system for quick communications (e.g. cancellations, weather alerts, and or reaching parents during practice). Please use the following sign-up codes depending on your athlete age group.

For athletes 8 and younger: @NTF8

For athletes 9-10: @NTF9

For athletes 11-12: @NTF11

For athletes 13 and older: @NTF13

Text the above code to 81010 to get on the texting list.

Registration: online via [Sports Connect](#)

1. Club registration fee (\$70--100 per athlete)

2. [USATF Individual Youth Membership](#) is required for all participating athletes.

Deadline: May 15th to guarantee a T-shirt!

Registration help: email to ntfxc.secretary@gmail.com

Competition Age Groups

Groups	Years of birth
Primary (8 and under)	2017 and younger
Bantam (9-10)	2015-2016
Midget (11-12)	2013-2014
Youth (13-14)	2011-2012
Intermediate (15-16)	2009-2010
Young M/W (17-18)	2007-2008

Events: Sprints, Hurdles, Distance, Throwing (discus, shot, javelin), and Jumps (long, high, triple)

Track Meets

Participation in meets is encouraged, but not mandatory. Club covers the meet registration fees for NTF athletes for the meet on schedule. Parents will responsible for transportation and supervision of their athletes. Sign-ups for meets will be via a Google Form provided by the Coach, and more details will provided during the season.

Table below lists several track meets over this summer season. This information is preliminary and may be updated.

Meet schedule for Summer 2025

(Note: more events will be added as info becomes available):

Date	Meet	Location
May 31	Indiana Area YMCA meet	Indiana, PA
June 7-8	USATF Mid-Atlantic Junior Olympics*	Widener University
June 14	Mountain Top Invitational	Cresson, PA
June 13-15	AAU Mid-Atlantic Championship#	Coatesville, PA
June 21-22	Central PA Youth Track Meet	State College, PA
June 25-28	USATF National Youth Outdoor Championship*	New York, NY
June 27-29	AAU Regional Championship#	Millersville, PA
July 10-14	USATF Region 2 Junior Olympics*	Slippery Rock, PA
July 19-20	Ron Jackson UAGTCA Invitational	Widener U. Chester PA
July 26	Keystone Games T&F Championship	Wilkes-Barre, PA
July 21-29	USATF National Junior Olympics*	

* USATF age verification required for these meets – go to your USATF Connect profile to complete it if your athletes want to participate in USATF Junior Olympics.

* Top 6 finishers in Mid-Atlantic meet advance to Region 2. Top 5 finishers in Region 2 advance to National Junior Olympics.

AAU Membership is required for athletes participating in AAU meets.

Practice checklist:

- Register through [Sports Connect](#) site
- Water bottle
- Running shoes (best source: Rapid Transit Sports, 115 S. Allen St.)
- Weather appropriate clothes (come ready to run)
- Personal care items (e.g. inhaler, allergy medicine if you take any)

Team apparel information

There are a few opportunities for athletes to obtain NTF clothing:

1. **Free t-shirt:** Each athlete who is fully registered (paid club fee and obtained USATF membership by May 15th) will receive an NTF performance t-shirt, in the size indicated on his/her registration form. Please note that these shirts do tend to run large, and many athletes like to size down. T-shirts should arrive sometime in the first few weeks of practice.
2. **Racing Uniforms:** Athletes that plan on participating in any track meets are encouraged to purchase a team uniform:

The uniform set includes a unisex singlet (\$25) and unisex track shorts (\$20). They come in sizes ranging from Youth Small to Adult X-Large.

Fill out the Google Form to order:

<https://forms.gle/WC3unKHW3uKHDW6t6>

Be sure to choose the correct size and quantity of singlets and/or track shorts. At the end there will be a link you click to make the payment. If you do not click through and pay, your uniform order will not be processed.

Note: Purchasing a uniform is optional. Your child can also wear their NTF T-shirt (included in their registration) for competition.

3. **Vintage apparel:** we have a limited number of NTF clothing from previous seasons. The items will be available for purchase at club events (first come first serve)

Contact ntfxc.treasurer@gmail.com if you have any questions about NTF apparel.

For more information and any questions about the Nittany Track and Field team, please visit our [Q&A page](#) or email to ntfxc.club@gmail.com

Have a great summer season!

* * * * *