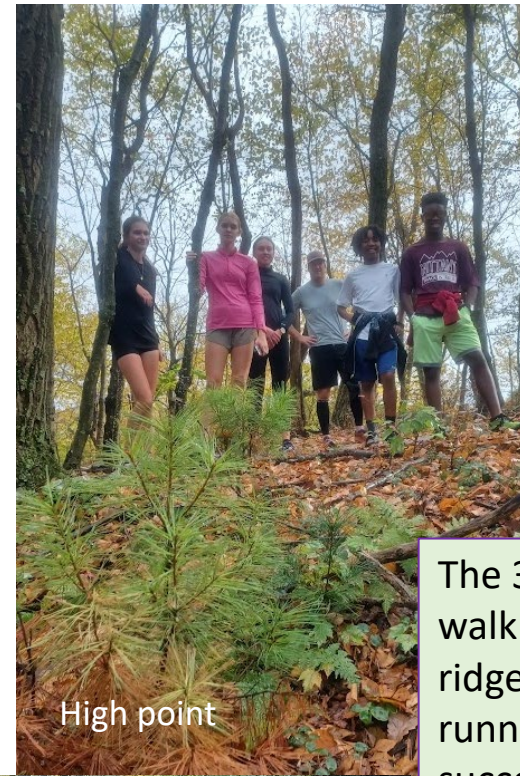
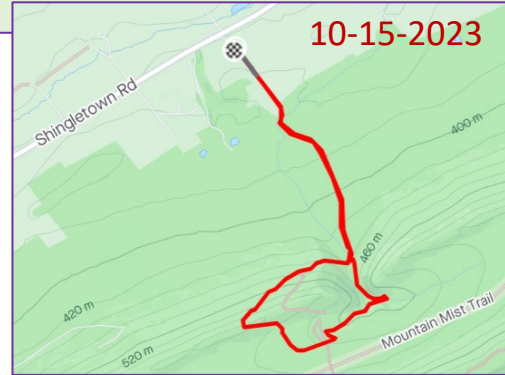


Musser Gap Trail Run

We had a small group of NTF runners to check out the Musser Gap trail loop this Sunday. It was nice and cool with blue skies mixed with occasional sprinkles. Pretty leaf colors made it a very special run in the woods.



High point



The 3-mile loop is challenging, and we had to walk parts of the trail going to the top of the ridge, but it was worth the view. Some trail running skills came in handy, and we successfully made it back to the bridge with only one light tumble by Kristina.



Musser Run crossing



Climbing up Frog Hollow trail

