

Waiver for the Juniata Valley Striders

As the parent or guardian of \_\_\_\_\_, I understand the inherent risks of athletic participation (congenital defects, injuries, weather, death) and the inherent risks of track and cross country (congenital defects, injuries, weather, death). Understanding the risks involved, I have had my child approved for participation by a physician and have discussed the risks with my child and how to reduce the risk involved in athletic participation. We release the Juniata Valley Striders, the Mifflin County School District, and Mifflin County government from liability from our participation in the Juniata Valley Striders Youth Track & Field Cross Country program.

Signed \_\_\_\_\_, parent/guardian

Witness \_\_\_\_\_

Date \_\_\_\_\_