

New Updated 2K Course



CCCNYS East Regional 3K Course

This is the 3K course in Tyler State Park for the CCCNYC East Regional Meet

Legend



Google Earth

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1000 ft





Updated 4K Course

1 mile

Start



State Park School of Golf Parking

Tyler Dr. Trail

Tyler Dr. Trail

Tyler Dr. Trail

Tyler Dr. Trail

Main Park Rd

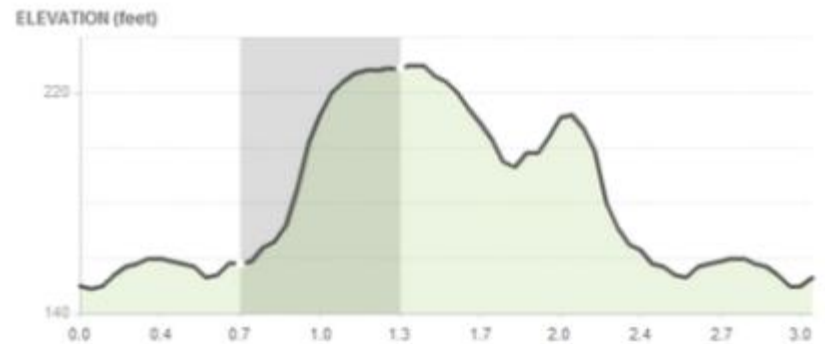
Main Park Rd

Main Park Rd

Sawmill

Warminy Creek

5K Course CCCNYC East Regional



150 ft Start Elev
240.0 ft Max Elev
118.0 ft Gain
-118.0 ft Descent

Cat	Distance			Elevation		Grade	
	Start	End	Length	Min	Max	Avg.	Max
	0.67 mi	1.31 mi	0.65 mi	158 ft	229 ft	2.1%	--