

Bridging the Gap Junior High Cross Country Invitational

October 24, 2020

Lancaster PA

info

From: Michael Phillips <phillimi@mtwp.net>

Subject: Bridge the Gap JH XC Invitational - 1st Update

Coaches,

Your feedback has blown me away! It is clear there is much interest in providing our JH kids an opportunity to safely compete in this end-of-season invitational. I've been emailing many of you throughout the week letting you know that more information is forthcoming. I'll outline as many race-specific details as possible in this email. **IF YOU HAVEN'T RESPONDED BUT ARE STILL INTERESTED IN YOUR TEAM PARTICIPATING, we've extended the registration deadline until Tuesday, October 13. Just a reminder that the race will be Varsity-only (Top 8), will comply with PIAA & League rules and adhere to the most recent spectator guidelines available.**

Current Registered Teams:

- **BOYS - 14 teams** (Cedar Crest, Columbia, CV, Ephrata, Garden Spot, Greencastle-Antrim, Lancaster Catholic, Lebanon, MT, Penn Manor, Solanco, Warwick, Veritas, Anchor/LCCS)

- **GIRLS - 13 teams** (Cedar Crest, CV, Ephrata, Garden Spot, Greencastle-Antrim, Lancaster Catholic, Lebanon, MT, Penn Manor, Solanco, Warwick, Veritas, Anchor/LCCS)

Preliminary Schedule (will be adjusted once registration is finalized):

- Races - 9:00 - 11:00
 - Wave #1 **Boys** - 9:00 AM
 - Wave #2 **Boys** - 9:03 AM
 - Wave #3 **Boys** - 9:20 AM
 - Wave #4 **Boys** - 9:23 AM

 - Wave #1 **Girls** - 9:40 AM
 - Wave #2 **Girls** - 9:43 AM
 - Wave #3 **Girls** - 10:00 AM
 - Wave #4 **Girls** - 10:03 AM

- Awards - 11:00 - Noon
 - Top 10 Individual Boys
 - Top 10 Individual Girls
 - Top 3 Boys Teams
 - Top 3 Girls Teams

- We plan to announce the winners but we are awaiting feedback regarding whether awards will be distributed on race day or shipped to your school the following week.

Registration, Rosters & Payment

- Input registration info, team rosters & runner PR's by using the following link: <https://forms.gle/iV5K4aNjvqmw5STo6>

- Payment
 - Checks payable to "MTXC Booster Club"
 - Mail checks to: MTXC Booster Club
c/o Michael Phillips
2660 Oregon Pike
Lititz, PA 17543

Maps, Team Village & Spectators

- **Course Map Attached** to this email
 - Course is NOT our normal tri-meet course
 - Course will be clearly marked by Saturday, October 17, in case any teams want to run the course prior to the event
 - Course Map includes location for **Bus Parking, Car Parking, Overflow Car Parking, Spectator Viewing Areas and the Team Village**
- **Spectators Rules**
 - Spectators are permitted at this event; however, they are NOT permitted in the Start / Finish area OR the Team Village
 - Spectator Viewing Areas are labeled on the Course Map to guide visitors to the best viewing areas along the course
 - Spectators MUST social distance and wear a mask for the duration of their time on the MTSD campus
- **Team Village Map Attached** to this email
 - The Team Village will be on the JV Baseball field which overlooks the Start / Finish lines and is encircled by the course
 - Each team will be assigned a ~50 ft. x ~50 ft. area. Team locations will be finalized once registration closes
 - The Team Village will also be used for the Warmup Area which leads to the Staging Area (more details later regarding these areas)
 - Runners MUST social distance and wear a mask UNLESS they are in the Warm Up or Staging Areas or Racing

T-Shirts Sales

- **We are requesting that T-Shirts be Pre-Ordered. T-Shirt orders will be filled on a first-come first-served basis**
- **T-Shirts are selling for \$15**
- Pre-ordering should be done using the attached spreadsheet. **Complete and email back to me ASAP @ phillimi@mtwp.net**
- Please remind your athletes to bring cash or check (MTXC Booster Club) for the t-shirt to the event.

Wave Assignments & Starting Boxes

- Team Wave Assignments will be determined based on the Google Form input of your roster and runner PR's
- Every attempt will be made to create competitive races within each wave
- Once all registrations are entered each school will be assigned their Wave # and their Starting Box #
- Since waves will be going off in 3 minute increments, it is CRITICAL that your team knows their Wave & Box
- Bridge the Gap will have a Start Line Coordinator that will be moving teams from Warm Up Area to Staging Area to the Starting Line

That's it for now. I'm sure I've forgotten something so please keep the questions coming and let's work together to make this a great event for the kids!

Regards,
Michael Phillips
Assistant Coach - JH Cross Country
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